

One lucky family - Set up for life in Oran Park!

Recently KIIS1065, Oran Park Town and Wisdom Homes held the final event of the "Set You Up For Life" competition at Julia Reserve in Oran Park. An early morning filled with excitement as around 1,000 people lined up to see if they had the winning key for the \$1M plus giveaway.

Starting at 5am, by around 9.30am there were only 70 keys left, then it was Jessica, Brandon and their daughter's turn. They told Kyle & Jackie O how they had bought a house in Colyton that was damaged in the Sydney storms last year. Since then, they had been living at Jessica's in-laws' house. Having collected five keys, on unlocked 3rd key she the door! Pandemonium! Jess and Brandon were both in shock.

Jess said to Kyle and Jackie O "Honestly, life has been crazy, I've been trying so hard to get back into our house and fighting the insurance company while paying a mortgage. I knew if we didn't get this, I'd have to go back to doing that. It's been so hard," with happy tears.











ORAN PARK TOWN NEWS

Development Update Open Space

Julia Creek - Creek embellishment works are now complete and handover process to transfer the land to Council continues. We expect to finalise handover early this year and once this is done the area will be open to the public and will give a new pedestrian connection to Jack Brabham Reserve.

Baseball Facility - the DA for the new baseball facility near Barramurra Public School was lodged in February. Stage 1 portion of the facility will include a full-size competition baseball field, amenities building and car park.

A Construction Certificate has been lodged to undertake site preparation and bulk earthworks in readiness for the civil works and building works to commence towards end of year. The facility will be delivered in stages and the target to complete Stage 1 of the facility in early-mid 2023.

Project Update

Oran Park Podium - bulk earthworks are almost complete on Podium Stage 3A. We are finalising the appointment of the building contractor, Mainbrace, and expect they will commence on site in April.

Stage 3A is located directly to the north of the existing shopping centre and will include some exciting new retail spaces including a Coles supermarket, a large childcare centre and significant upgrades to Podium Way making way for an improved outdoor dining precinct. Stage 3A is over 1 1/2 times bigger than the existing retail space in Stage 1 and once construction is complete, the



retail space will be 2 1/2 times the current size.

Stage 3A is expected to be completed by the end of 2023. Shortly after Stage 3A is complete, we intend to start construction on Stage 2 as we already have most of the approvals in place.

For leasing enquiries please email commercial@greenfields.net.au.

Metro North Apartments - Internal work continues with the installation of internal linings, fixtures and fittings. Wet weather has delayed landscaping to the public domain areas and is now expected to be completed early April. Registration is expected in May.

Metro Central Apartments - the DA for the 63 apartment building has now been approved and we are awaiting CC approval so we can commence work. Work continues on finalising builder contracts so work can commence on site in April/May 2022.

New apartments are now on sale. For more information, visit our website metrocentral.oranparktown.com.au or contact the Sales Office on 9043 7500.

3 Fordham Way – commercial building works have been hampered by the extreme wet weather but the contractor is getting close to finishing in-ground excavation works.

The building will have a similar design and footprint to its sister building, TRN House, and is expected to be completed early 2023.

New office suites are now available for sale or lease. For more information, visit our website commercial.oranparktown.com.au/3 -fordham-way or contact the Sales Office on 9043 7500.

Oran Park Leisure Centre - a sod turning ceremony took place on 28 March marking the commencement of bulk earth works. Physical building works will start in the second half of the year with construction expected to be completed late 2024, subject to weather.

This project Includes a 50m indoor swimming pool, learn to swim and leisure area, spa and sauna, four indoor multipurpose courts, gym and 2 program rooms, creche and Cafe and underground carparking.







The project is co-funded by Greenfields Development Company and Council.

Oran Park Hotel (opposite Dawson Damer Park) - the basement car park is now largely excavated with onsite delays due to the wet weather.

Momento Hospitality plan to open in stages and aim to open the doors for the first stage one year after construction begins, with the entire pub to be complete six months later.

Thompson Health Care – construction is nearing completion on the new 240 bed aged care facility which is expected to open in the second quarter of this year.

For more information www.thompsonhealthcare.com.au/our-homes/oran-park-house/

Service Station (Peter Brock Drive) – wet weather has further delayed construction works including concrete pours across the site. Work is now underway on finalising driveways and building fit-out with landscape works to commence in April. The service station is expected to now open in May.

Employment Zone - Stage 1 of the employment zone registered in early March. Several development applications have been lodged with Council including Rent A Space, second Oran Park Tavern, Bulky Goods Centre and KFC.

McDonalds have finished construction and opened their doors to the public on 21 March.

Tranche 29, Stage 4 (east of Madden Street) – subdivision works are now complete and has recently registered at the Land Registry Services which is great news for new residents.



Tranche 27, Stage 3 - civil works continue on the 51 lot subdivision. Wet weather has hampered progress with preparing for kerb works. Civil Work is expected to be completed mid 2022 with landscaping and registration to follow shortly after.

Roads

Fordham Way extension Intersection works are now complete with landscaping to follow once surrounding building works near completion. The new road will remain closed to traffic whilst construction work continues on the service station site and second commercial building Registrations

Updates on all land registration dates can be found on our website www.oranparktown.com.au

OPHS Update

Provided by Oran Park High School

Oran Park High School recently held a Year 6 into 7 2023 Information Evening, and we were extremely pleased that we were able to welcome both parents and students into our school after such a long period where visitors were severely restricted. Our guests were able to tour our beautiful facilities and were guided by some of our student volunteers from Years 9 and 10. Our students received very positive feedback from parents who said they did an amazing job as ambassadors for our wonderful school.

Another visitor we have had the pleasure in welcoming into our school is Constable Mel Sumerta, the School Police Liaison Officer. She presented at one of our whole school assemblies on issues and consequences when we are unkind to others, which coincides with our school TRAK values of Teamwork, Respect, Achievement and Kindness. Constable Sumerta is a valued part of our school community who works closely with a number of our students in a range of programs.







Wellbeing Canine Program

Provided by Oran Park Anglican College

Oran Park Anglican College is partnering with Cornerstone Companions to support our students through a Wellbeing Canine program. Molly and Reuben have been wagging their way around OPAC welcoming the students and assisting in settling them all into the regular face-to-face environment of their college days.

Molly is an 18-month-old Cavoodle and is engaged with students in Prep to Year 4. Reuben is an 8-month-old "Tegan's" Cobberdog and is engaged with students in Year 5 to Year 8.

Research acknowledges the positive impact animals have on our health and wellbeing. Through the development of the human-animal bond we can experience reductions in blood pressure, increased oxytocin levels (associated with love and bonding), a decrease in cortisol levels (the stress hormone), among

many other beneficial physiological and emotional responses. Since animals are non-judgmental and provide unconditional love, they can assist in increasing the engagement between teacher and student and help as an extrinsic motivator to support participation.

We have introduced the Responsible Pet Ownership Program across the College to inform staff and students how to respond when the canines visit the classroom and how to safely interact both in the room and out in the playground. Molly and Reuben have visited each classroom involved within the Wellbeing Canine Program and assisted all students to participate within the activities required as the school year starts.

The success of the program can visibly be seen and felt as the students instantly calm down, reset and re-engage within the College environment.

Take a look at the program in action at https://qrco.de/bcoQYP

Easter Service

Provided by NewLife Anglican Church

NewLife Anglican invite you to join us for an Easter Sunday celebration at Oran Park Anglican College on 17 April at 8am. We'll enjoy a short service together on the grass (grab a chair and hat) then tuck into a free Bacon and Egg roll breakfast as the kids run around on an Easter Egg Hunt on the College grounds. For more newlifeanglican.org.au/easternewlife

A HEALTHY OPT

Flu Season Is Upon Us

As part of their ongoing commitment to prevent a community flu epidemic, Myhealth Oran Park Medical Centre will start receiving flu vaccines in April and will commence their vaccination drive

In addition to the flu vaccinations, Myhealth Oran Park continue to provide patients with their Pfizer Covid-19 boosters for ages 12 plus and for all children aged 5 to 11 years.

Myhealth Medical Centre Oran Park is a bulk-billing medical centre located within Oran Park Family Health at the Podium. They are open 7 days a week, with an increasing number of quality GPs and Allied Health Professionals to service the local Oran Park community and nearby workplaces.

Myhealth Medical Centre is run in partnership with the South West Sydney Local Area Health District and has integrated primary care programs with our local hospitals and the University of Western Sydney.







They have professional, friendly male and female GPs available to cater to all your health needs including general medicine, women and men's health, childhood immunisations, and skin cancer checks.

Myhealth Oran Park have additional allied health services which include a young energetic team of physiotherapists, a podiatrist, dietitian and psychologist to cater for the needs of our community.

They have facility to perform onsite hearing tests, health assessments, chronic disease management, care plans and home sleep studies.

In addition they offer comprehensive occupational health services including worker's compensation case management, tailor made preemployment medicals and corporate health checks and fitness for work assessments including aviation and rail medicals. They are also an accredited Q fever vaccination centre.

For more, myhealth.net.au/oran-park/

Health Resource Empowering the Community

If you're looking for reliable, local health information, visit the South Western Sydney PHN (SWSPHN) website for the new-look Health Resource Directory (HRD).

HRD is a collection of easy-to-read health factsheets which have been formulated under strict clinical guidelines. Each factsheet includes information about local support and health services.

HRD was launched in 2017. It has been updated to make it more mobile-friendly and accessible to people for whom English is not their first language.

The information found on HRD is relevant to anyone living in South



Western Sydney who has been diagnosed with a health condition or who would like to find information about local health services after a diagnosis.

A local GP and the SWSPHN Community Advisory Committee has endorsed each factsheet.

The new site features 183 health conditions, 29 health procedures, 21 resources people can use to manage their health and 27 pages of information about improving your overall health.

All of these have been published in English, Vietnamese, Simplified Chinese and Arabic, and will include audio versions in each language with more factsheets being added regularly.

SWSPHN is also currently working with local Aboriginal health services to develop culturally appropriate versions of the factsheets for Aboriginal and Torres Strait Islander communities.

Visit the Health Resource Directory https://healthresourcedirectory.org.au

Facts About Vaping

Electronic cigarettes or e-cigarettes, often called 'vapes', are electronic

devices designed to deliver vapourised liquids into the lungs. There are many different styles of vapes available and they can be difficult to spot.

Many vapes contain nicotine, making them very addictive and they can contain the same harmful chemicals found in cleaning products, nail polish remover, weed killer and bug spray. Vapes may contain harmful chemicals that aren't listed on the pack.

The biggest misunderstanding about vapes is that they are harmless compared to cigarettes. This is not true. Vapes are not safe.

The take-up of vaping by young people is increasing with research showing that 1 in 5 young people have vaped.

Vapes may expose young people to chemicals and toxins at levels that have the potential to cause negative health effects and vapes can leave a young person at increased risk of depression and anxiety.

Young people who vape are 3 times more likely to take up smoking and vaping has been linked to serious lung disease.







To help quit, see your GP or local health service provider or contact the Quitline.

For more www.health.nsw.gov.au/vaping

NEWS FROM CAMDEN

Library Programs

Camden Libraries will be hosting a number of events and community activities.

Heritage Festival: The Australian Heritage Festival 2022 will open 1 April and end 31 May. This year's theme is "Curiosity".

Camden Library, in partnership with Camden Historical Society and Camden Area Family History Society, invite you to join in this celebration of our community's history.

April School Holiday Activities and Youth Week 2022: details of events to be held across libraries are provided on the library website.

Visit the libraries in person or online www.library.camden.nsw.gov.au to find out more or visit the Library Facebook page. Use the green bookings link on the library website to book your spot.





Donations Needed!

Lifeline Shops Macarthur and Western Sydney are putting a call out for donations of handbags, men's clothing including shoes, blankets and furniture. These items are in high demand and all funds raised from donations help Lifeline provide their vital Crisis Support and Suicide Prevention services.

Donations can be made at any of Lifeline Macarthur and Western Sydney's seven stores and pick up can be arranged for bulky furniture via their website. Donate one of the requested items to receive 10% off your next purchase in store, offer available for a limited time only. Please only donate quality items that are in a condition that you would consider purchasing yourself (no rips or stains). Maximum one voucher per customer. For more information visit www.lifelinemacarthur.org.au.

Flood Disaster Relief

Mother Hubbard's Cupboard is working with other organisations in our community to assist the displaced people from Poplar's Caravan Park in Elderslie. While some assistance has been provided in the short term, more relief will be needed once residents are able to move back in.

Mother Hubbard's Cupboard is committed to doing all it can to support all those affected. Follow their Facebook page for updates on how and when to help. Donations of money can be made through their website www.mhccamden.com.au.

Anzac Day

Camden RSL Sub-Branch will be holding an ANZAC Day Dawn Service at the Camden Bicentennial Equestrian Park located on Cawdow Road, Camden with the service commencing at 5.15am sharp. A community service will also be held at 11.15am.

An ANZAC Day March will take place at 10.30am and will move from Elizabeth Street, down Argyle Street, following Cawdor Road to the Camden Bicentennial Equestrian Park.

For more information visit www.camdenrslsubbranch.com.au

Everyday Life Skills

Northcott's Everyday Life Skills service has over 15 years' experience in developing everyday life skills for people with disability. The Everyday Life Skills service is available for young adults aged 18 years and over.

Northcott work with you to understand the skills you want to learn and develop while building confidence and independence to ensure you reach your full potential.

They offer centre-based training that provides customers with the opportunity to socialise with other people with similar interests whilst supporting each other to reach their individual goals.

To find out more, email corinne.williams@northcott.com.au





