

Oran Park Town Newsletter October - November 2021



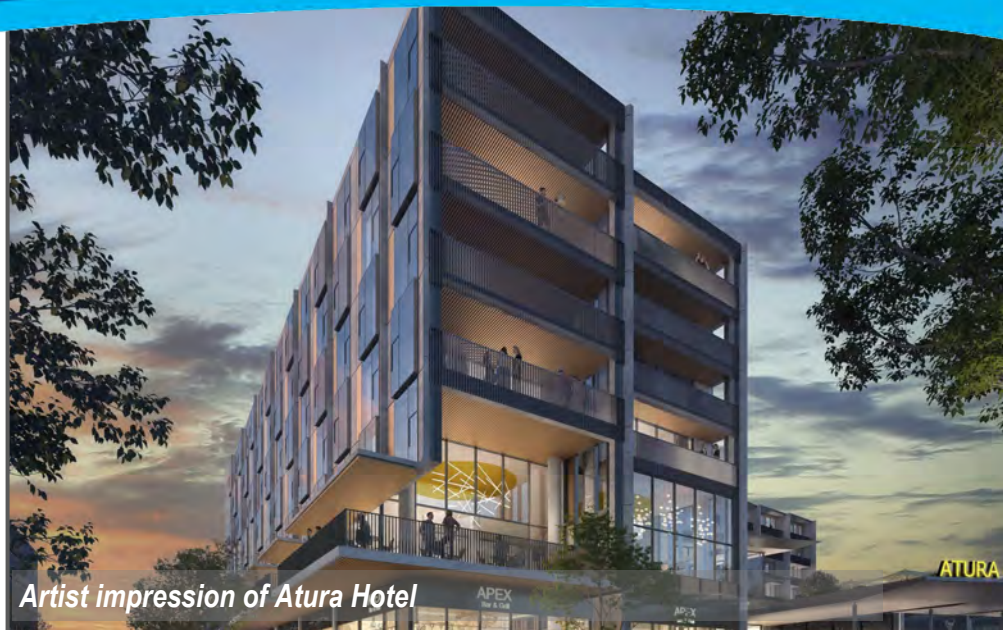
ORAN PARK TOWN NEWS

Development Update

Covid Shutdown - Projects under construction were impacted by the Covid shutdown on the construction industry. The mandatory shutdown reduced construction workforce and some material supply issues has delayed subdivisions under construction. Please refer to our website for updated anticipated registration dates.

Oran Park Podium - The DA for Retail Stage 3A is still with Camden Council for assessment. The DA documentation for Hotel Stage 3B of the Podium was lodged with Camden Council at the end of August 2021. Stage 3B DA includes plans for the Atura Hotel which will be built on the corner of Podium Way overlooking Perich Park. The hotel will provide a 184-bed accommodation facility as well as conference facilities and an outdoor pool.

Oran Park Hotel (opposite Dawson Damer Park) - the pub operators, Memento Hospitality, have procured construction certificate approval and construction works are expected to commence late 2021.



Artist impression of Atura Hotel

Service Station - following delays due to the Covid lockdown, the operator being EG, will commence site works in early October with completion expected March 2022.

Employment Zone - Civil works continue with roads nearing completion. Service installation has commenced. Fast food operator McDonalds are preparing to commence works shortly and will be located at the corner of Dick Johnson Drive and The Northern Road intersection. McDonalds target opening is early in the new year.

Julia Creek - creek line and basin works are now complete in the creek adjacent to Oran Park High School and Oran Park Public School. Embellishment works continue and following delays due to the recent Covid construction industry wide shutdown, works are expected to be completed November 2021.

Banfield Drive basin - work is almost complete on the conversion of the sediment basin to a water quality basin. Landscaping works continue with work expected to be completed in October 2021.



184- bed Atura Hotel



Atura Hotel - outdoor swimming pool

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Metro apartments – work to the main structure has been completed with the final pour of the roof slab and the outside façade installation to commence soon.

A DA has been lodged with Camden Council for a second apartment building. Metro Central is a 64 apartment building which will sit adjacent to the Metro building.

Tranche 29, Stage 4 (east of Madden Street) – civil works are nearing completion with installation of asphalt and services underway. Work is expected to be completed by the end of 2021.

Fordham Way extension – majority of road works have been completed and intersection works at Oran Park Drive will commence soon. Installation of services continue with landscape works to follow. Completion is expected end of year.

Registrations

Updates on all land registration dates can be found on our website www.oranparktown.com.au

OPHS Update

Provided by Oran Park High School

Our students have been working hard during the lockdown on their online learning. The Principal, Mr Mitchell would like to say a huge thank you to the students, parents and staff of Oran Park High School for all their efforts during this difficult time. It's times like these that we get to appreciate what a wonderful community we have and we know that not all superheroes wear capes.

Follow the link to a video produced by the school which captures life in lockdown www.facebook.com/OranParkHS/videos/154199930216010

A HEALTHY OPT

Head to Health Pop Up

A Head to Health Pop Up service is now available for people in South Western Sydney struggling with their mental health due to COVID-19. The Head to Health service has been set up by South Western Sydney PHN (SWSPHN) and six other Primary Health Networks in NSW following \$10.6 million in funding from the federal government as part of its response to the current pandemic.

To access Head to Health, people can simply call 1800 595 212 to discuss their mental health needs and concerns. They will then be referred to mental health services in their local area which most appropriately meet their individual situation.

Oran Park High School students online learning



Sariah G



Ayesha K



Matthew D



James P

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No referral or appointment is required to access the service.

Through Head to Health, people across our region can access assessment of need, referral and therapeutic intervention which will work alongside existing state and federally funded mental health support services.

In addition to the 1800 595 212 phone number, 10 Head to Health Pop Up hubs have been established, including hubs at Bankstown and Liverpool.

For more information and FAQs, visit www.swsphn.com.au/headtohealth

Myhealth Oran Park

As part of their commitment to the community, Myhealth Oran Park Medical Centre has received Pfizer and Astra-Zeneca Covid-19 vaccines and they have begun the vaccination drive. To keep up to date with the latest progress, and to ensure your information is reliable, visit health.gov.au/covid19-vaccines.

For more information
<https://myhealth.net.au/oran-park/>

NEWS FROM CAMDEN

Camden Libraries - Wellbeing Wednesday

Camden Libraries are celebrating Mental Health Month this October. Each Wednesday during October will become 'Wellbeing Wednesday' with a myriad of mindfulness and positive online activities suitable for all ages. There are also several online Author Talks with some of your favourite Authors. Engaging activities for the whole family continue to be added on the Camden Libraries social media pages.

To find out more about events
www.library.camden.nsw.gov.au/events/



Metro apartments under construction

Return and Earn Donations

Tomra's Return and Earn is back in the Camden LGA! Did you know you can choose to donate your refund directly to a local charity? One of the charities you can choose is Turning Point Camden, a not-for-profit community welfare and drop-in centre which provides support for members of the community. They can assist with a range of services including support for those experiencing food shortage, domestic and family violence and homelessness.

So far this year, Turning Point Camden have raised just over \$650 through Return and Earn which has not only prevented recyclables from turning into landfill, but also helped stock their food pantry to assist others in the community.

The option to donate to Turning Point Camden has been extended to 3 April 2022. You will find this option at the station located at Oran Park Podium as well as stations in Narellan Town Centre, Spring Farm and Camden.

For information on Turning Point visit www.turningpointcamden.org.au/

During the Covid-19 lockdown, Turning Point will continue to co-ordinate food relief and support via phone and contactless collection. For emergency food needs, text your name and mobile number to 0457 009 200 or email turningpointcamden@gmail.com.

Food donations are always greatly appreciated. If you are in the position to make a food donation, this can be left on their verandah at 15 Edward Street, Camden.

Lifeline Program

Lifeline Macarthur and Western Sydney are offering a free course called eSuicideTALK. This online program helps participants explore issues surrounding suicide in a safe, self-paced environment and is available for English speakers 15 years and older.

It explores an important question. Should we talk about suicide?

To request a free voucher email Ryan Roumiehr at Roumiehr@lifelinemacarthur.org.au.

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Please include full name and date of birth. Be quick as spaces are limited!

Community Positivity Program

Provided by Big Yellow Umbrella & Lifeline Macarthur & Western Sydney

We appreciate how hard the impacts of the current COVID restrictions are affecting members of our local community. As we each face our own individual challenges in relation to the current COVID situation it is more important than ever to come together as a community, reach out, connect and support each other.

Together Big Yellow Umbrella and Lifeline Macarthur and Western Sydney have collaborated to share positive messages across the Camden district as part of our not-for-profit Community Positivity Program. We have been fortunate enough to have the support of many small businesses along the way but would like to take a moment to thank and express our appreciation to Greenfields Development Company and InvictusX, specifically for the roles they played in bringing our latest billboard design to fruition.

Our latest design incorporates one of our most thought provoking messages on display, along with two of our custom aboriginal art works symbolising Partnerships and Mental Health Services. Please ask yourself: What's your random act of kindness today?

If you would like to be involved in this initiative, you can purchase a small sign displaying one of 20 positive messages, sent at random to ensure communities have a variety of positive messages. Visit <https://shop.yellowumbrella.org.au/>



My name is Stephanie Roberts and I have recently started as a Case Worker at Big Yellow Umbrella, where I will work with families in the Camden LGA.

I work alongside families and young people to work on a plan to achieve your goals, address your concerns and refer you to the right services for your situation. I work one on one with you and support you in the way you tell me you like to be supported. I value what young people have to say and am here to support you with any issues you are facing, in a non-judgemental way.

So, if you have any complex needs and don't know where to start, call Big Yellow Umbrella and ask for Stephanie - 4647 1283 (office) 0434 812 951 (mobile) or email me directly at youth.services@yellowumbrella.org.au

I'm excited to work with and support the Oran Park community and hope to see you down at Julia Reserve soon, where I will be every Tuesday and Wednesday when restrictions ease.



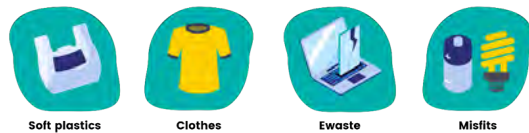
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RecycleSmart is here!

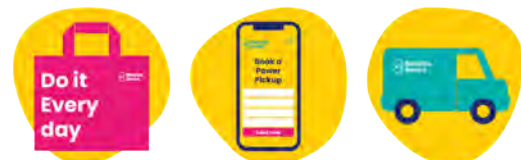
Camden Council has teamed up with RecycleSmart to help make recycling easier.

With a Power Pickup, RecycleSmart will collect tricky-to-recycle items directly from your front door including:



Visit www.recyclesmart.com/pickup/#what-we-collect for a full list of items collected through RecycleSmart.

How it works?



1. Pack your bag.

Scoop up all those tough-to-recycle things and put them in our bag or a bag of your own.

2. Book your power pickup

Tell us your pickup address and a date that's convenient; you don't even need to be home! Simple.

3. We do the rest

Place the bag/s outside your house on the pickup date. We'll come by and make sure your stuff goes to the right place.

Download the app to get started!
www.recyclesmart.com/get-app

Book your first Power Pickup for FREE with code FIRSTFREE.

Serving the Community

Provided by Mother Hubbard's Cupboard

Mother Hubbard's Cupboard has been operating for over 13 years as a not-for-profit charity helping domestic violence survivor families and the homeless, those in financial hardship or suffering trauma. We take donations and turn them into funds to support our service to these families, or supply whatever these families need at no cost to them.

We would welcome you, when



COVID restrictions ease, to be donors or customers, or even volunteers. We currently have our winter clothing bagged up in sizes: ladies, men's and children from 00000 to 14. Our summer clothes are being hung in readiness for that great opening occasion! We are using Facebook as part of our Camden Collectables Click & Collect fun and our online store is just beginning at www.mhccamden.com.au. We also look forward to welcoming you at our antique store in Picton which only opened a week before COVID restrictions caused closure. The store is located at 65 Harrington Street, Elderslie and 91 Argyle Street, Picton.

All In Sync Coaching

All In Sync empower individuals in the art of navigating high pressure situations while striving towards their chosen ambitions and goals.

Providing a safe environment they explore their 8 pillars of a well-balanced life using their 'Line of Sync' coaching method:

- Helping to set clear goals and providing a path to achieve them successfully

- Facing emotional challenges while dealing with different and high-pressure situations

- Giving you guidance, tools and support to navigate real-world pressures

Questions to ask yourself

- Have you ever felt outside pressures affect you negatively?

- Are you someone who applies pressure to themselves to be successful?

- Do you find exams, KPI's or the sporting arena overwhelming?

- Would you like a personalised, simple approach to navigate these pressures?

If you or someone you know answer yes to any of these questions, All In Sync can help.

Reach out to them today. Email contact@allinsync.com or call Stephen on 0435 100 555.

all in sync

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ORAN PARK
TOWN

Every Man needs a Deck!

Written by Dave Standen for Mentoring Men

Imagine if decks could speak. The conversations, the stories of love and war, adventure, success, and failure.

Something was missing in my life. You guessed it, a deck.

There was a question that needed answering – what timber would it be dressed in? Blackbutt? Spotted gum? Dare I say it, treated pine? I lost sleep over this. It was quite the problem. How will it compare to my neighbours? Which one will best handle the weather? What can we afford?

As men, do we spend a disproportionate amount of time worrying about the external factors of our lives? Are we consumed by how we are perceived by others? Are we making decisions based on comparison?

So often as men we are anxious for the exterior – who we're seen with, how fast it goes, how big it is. At best, we lose sleep over this stuff, at worst it robs us of physical and emotional health. Having a Mentor has been beneficial, a peer I can talk to one-to-one about anything and of course about that important deck.

Mentoring Men will connect you with other men in your local community. To find out more head to www.mentoringmen.org.au or call 1300 583 925.

