

Oran Park Town Newsletter

April - May 2019



EVENTS

Oran Park Festival

Oran Park Anglican College will be holding their annual Oran Park Festival on Saturday 11 May and residents are invited to join in the fantastic line-up of entertainment. The event kicks off at 10am and will be filled with family fun, including food and market stalls, rides, kindi farm, live entertainment and motor show.

Ride enthusiasts can pick up an unlimited rides pass at the early bird special price of \$25. To purchase tickets, visit www.opac.nsw.edu.au/college-fair. Early bird special ends 9 May.

For more information, contact Oran Park Anglican College on 4604 0000 or email festival@opac.nsw.edu.au

Community BBQ

The Community BBQ scheduled for 30 March has been rescheduled to Saturday 6 April due to the rain.

The BBQ will be held in the park off Steward Drive near Moyes Street. Free activities include BBQ lunch provided by the Refuge Baptist Church, jumping castle and archery.

The aim of our Community BBQs is to build and strengthen relationships with the people who live around us. Community events are a great way to start a conversation with someone who may live in your street or even next door. Moving into a new area can be difficult for some residents when their support network is left at their old place of residence. Neighbours who connect with others create a harmonious suburb which in turn plays a vital role for those residents who are settling into a new

ORAN PARK FESTIVAL
FREE ENTRY!
UNLIMITED RIDES PASS*
Early bird special \$25

SATURDAY
MAY
11TH
10AM - 3PM

Opens 23 February 8am
Closes Thursday 9 May 11pm

The advertisement features a collage of circular images showing various festival activities: a roller coaster, a carousel, a Nemo-themed play structure, a bumper car ride, and a Ferris wheel.

community. New friendships which can turn into lifelong friends are just one of the rewards for being neighbourly to those who live around us.

For information contact Karren at Karren.kapitanow@greenfields.net.au.

We hope to see you at the next Community BBQ!

ORAN PARK TOWN NEWS

Development Update

Civil works continue to Julia Reserve with all the bulk earthworks complete, concrete retaining walls commenced and installation of the drainage works underway.

We are pleased to advise that Perfection Landscapes has been selected to undertake the landscaping works to the area, which will commence after the civil works.

In the coming weeks you will also see construction to the Youth and Recreation building commence. When complete, this building will be another great addition to Oran Park Town.

Parks

Bulk earthworks to Doohan Reserve are nearing completion and you can start to get a better appreciation of the size and scale of the facility. Landscaping to the area will commence shortly after the Easter break. We will keep you updated on progress.

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Hollywood Park located next to the Oran Park Town sign is now finished and ready for residents to enjoy. The park includes a kickabout space, children's playground and picnic shelter.

If you haven't yet visited Oran Park Town's latest park, be sure to take the time to visit and take in the views of Oran Park.

Roads

RMS are expected to turn on the traffic lights at the intersection of Dick Johnson Drive and South Circuit in early April. Once the lights are on, the section of Dick Johnson Drive between Steward Drive and South Circuit, near the school, will be open to the public providing an alternate route to and from Oran Park Public School.

Final approvals have been received from the RMS and Council which now allows for work to progress on the intersection of Banfield Drive /Oran Park Drive / Harrington Parkway. Once complete, this new intersection, complete with new traffic lights, will provide another entry/exit into Oran Park Town via Banfield Drive.

Minor disruptions are expected whilst work is underway, however there will be traffic management in place to minimise disruption. In addition, work will be staged over several months with work expected to be complete by the end of this year.

Construction Update

Council has provided development consent for a 6 storey residential apartment building which will be located adjacent to the commercial

building that is currently under construction opposite the Podium.

The building will include a car park for residents as well as a roof top terrace.

Work continues to progress on the Commercial building opposite the Podium with work now advancing to the basement level 1.

Registration

Updates on all land registration dates can be found on our website www.oranparktown.com.au

Activities for Seniors

Anglicare Oran Park is a contemporary retirement village located in Grice Street.

The village runs senior activities and they extend an invitation to all seniors living in Oran Park to attend.



Commercial Building under construction

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The weekly activities are held during school terms and include:

Monday	10.30am	Bingo
Tuesday	9.30am	Tai Chi
	11am	Aqua Aerobics
Wednesday	10am	Line Dancing
Thursday	11.30am	Balance Class

A small fee applies for classes, except for bingo where entry is a prize donation, e.g. biscuits.

For more information contact the Village Co-ordinator on 4604 2200.

Aged Care Facilities

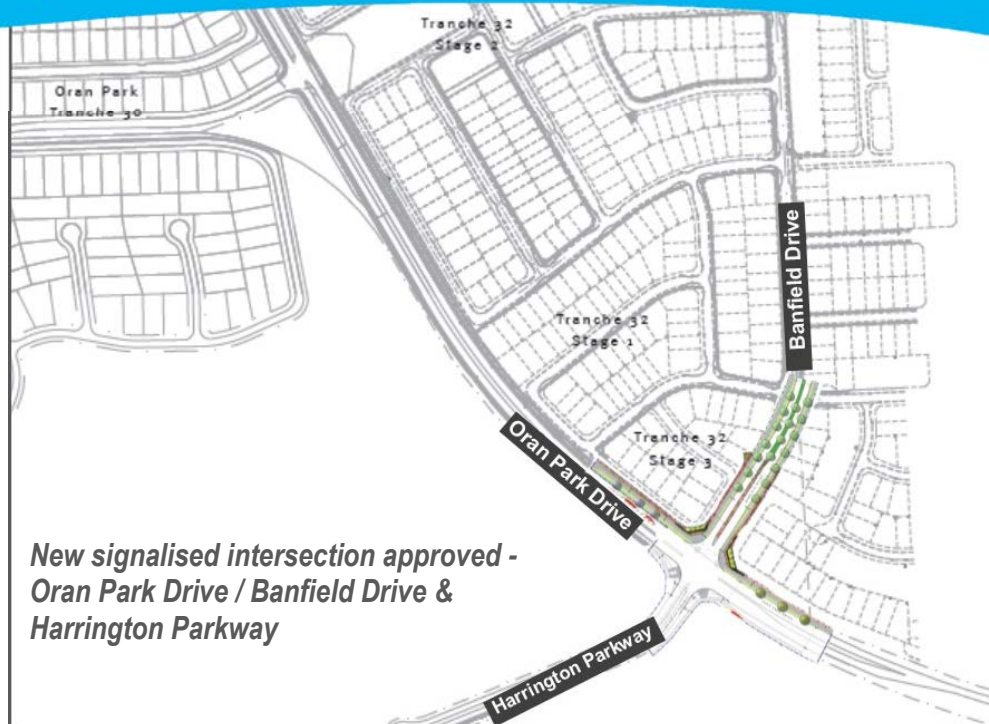
Anglicare is currently building new two and three bedroom villas on their site in Grice Street as well as a new residential aged care home which will be available in 2021.

If you would like more information, please call Anglicare on 1300 111 278.

Tech Savvy Seniors

Oran Park Library will be holding a Tech Savvy Seniors Workshop on 13 May for seniors aged 60+ years. The Workshop will be an Introduction to Email and will be held at Oran Park Library.

To book, visit the Library website www.library.camden.nsw.gov.au/bookings.



*New signalised intersection approved -
Oran Park Drive / Banfield Drive &
Harrington Parkway*

If you require assistance with booking in, please speak to Library staff on 4645 5645.

Friday Fest for Young People

Provided by Big Yellow Umbrella

Big Yellow Umbrella invites all local 12 to 18 year olds to come down and hang out at the weekly FRIDAY FEST!

Friday Fest is an amazing opportunity for local young people to socialise, meet new people and get involved in

some fun activities. There will be sports, games, art classes and a variety of other activities aimed at promoting health, wellbeing and community engagement. Each and every week will provide young people access to a safe space and vital support services such as employment help and youth counselling as well as free food!

Bring a friend and keep an eye on Facebook and Instagram for updates!

Friday Fest will be held at Wayne Gardner Reserve in Oran Park (located next to Oran Park Anglican College) on Friday's from 3.30pm to 5pm during school terms commencing 3 May.

Activities will include Oztag, ultimate frisbee, cricket, therapeutic art, ten-pin bowling, soccer and much more!



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A HEALTHY OPT

Flu Shots

Provided by Oran Park Myhealth Medical Centre

Flu season is upon us, and as part of our ongoing commitment to prevent a community flu epidemic, Myhealth Oran Park Medical Centre has just received its first batch of flu vaccines and we have begun our vaccination drive.

Myhealth Medical Centre Oran Park is a bulk billing medical centre located within the state-of-the-art facility at Oran Park Family Health.

We are open 7 days a week, with an increasing number of quality GPs to service the local Oran Park community and nearby workplaces.

Myhealth Medical Centre is run in partnership with the South West Sydney Local Health District and have integrated primary care programs with



TRADING HOURS



MON - 8:00AM – 8:00PM

TUE - 8:00AM – 8:00PM

WED - 8:00am – 7:00pm

THURS - 8:00AM – 7:00PM

FRI - 8:00AM – 6:00PM

SAT - 9:00AM – 4:00PM

SUN- 9:00AM – 5:00PM

our local hospitals and the University of Western Sydney.

We have professional, friendly male and female GPs available to cater to all your health needs.

If you are a local business, please organise your onsite corporate flu vaccinations for 2019. Considering the high level of outbreaks of flu in 2018, this is a great opportunity to ensure you and your workplace are protected against the flu.

Healthy Active Happy Kids

Do you have children aged between 7 and 13 years?

The Go4Fun program is a free healthy lifestyle program to improve health, fitness, self-esteem and confidence in children above a healthy weight.

Go4Fun runs for 10 weeks over the school term for children and their parents. Sessions include games, activities, tips on healthy food, label reading, portion sizes plus much more!

Locations include Oran Park, Eagle Vale, Campbelltown and Macquarie Fields.

To find out more and register, visit www.go4fun.com.au or call 1800 780 900.

NEWS FROM CAMDEN

Health & Loneliness

Research shows that loneliness is as bad for health as smoking 15 cigarettes a day!

Research also shows that older individuals aged 75 years and above commonly experience loneliness, though it can affect people at any age.

12 - 25 YEARS

CAMDEN
**YOUTH
WEEK**

10 - 18 APRIL 2019

Coming together to
**Connect, Share,
Speak out and
Celebrate**

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Loneliness and social isolation can take a heavy toll on our mental and physical health and has been linked to anxiety, depression and chronic illness. Loneliness is increasingly common and can strike even if we have lots of friends or a big social network.

If you're feeling isolated, try Lifeline's tips to curb loneliness:

- ◆ Connect or reconnect with friends and family

- ◆ Get out and about
- ◆ Get involved in your community
- ◆ Volunteer
- ◆ Consider getting a pet
- ◆ Get support

For a full list of tips and more information on the causes and effects of loneliness visit the Lifeline website www.lifeline.org.au/get-help/topics/loneliness-isolation

Stay up to date with local news, events and services



Youth Week 10-18 April 2018

Camden Council have put together a fantastic program to celebrate Youth Week which will take place 10 – 18 April 2019.

Activities include a sporting fun day for young people with disabilities, bike party, games day and Bounce Town which will all be held in Oran Park.

Favourites such as \$5 movie night and Camden Shorts again feature in the program. To view all the activities being held across the Camden area visit www.camden.nsw.gov.au/youthweek

For more information, contact Camden Council on 4645 5021.

Author Visit

As part of the Sydney Writers Festival, Melina Marchetta, (bestselling author of 'Looking for Alibrandi' and 'Saving Francesca'), will be visiting Narellan Library to talk about her new book, 'The Place on Dalhousie', a beautifully crafted story of families and relationships told with tenderness and humour.

Book your place to be a part of this event where Melina discusses this unforgettable novel.

THURSDAY 18 APRIL 2019

AS PART OF CAMDEN YOUTH WEEK CELEBRATIONS
CAMDEN YOUTH COUNCIL PRESENTS...

YOUTH WEEK

PG \$5 MOVIE NIGHT

SHAZAM!
JUST SAY THE WORD

AT NARELLAN UNITED CINEMAS

FOR PEOPLE IN SCHOOL YEARS 7-12 | 6.30PM
BOOK ONLINE | www.unitedcinemas.com.au

FREE POPCORN/DRINK COMBO INCLUDED!



FOR MORE INFO:
4645 5021
www.camden.nsw.gov.au

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To secure your place, visit www.library.camden.nsw.gov.au/bookings

Saver Plus Program

The Saver Plus Program assists low income families and individuals to start a small, regular saving habit, improve money skills to help manage everyday expenses and reach a savings goal.

Eligible parents join, save for 10 months, attend 4 money-minded (moneyskills) workshops and then receive up to \$500 free in matched savings to spend on education costs.

This is a national, government-funded program and is totally FREE and has already helped over 1,300 local Macarthur parents.

For more information search for Saver Plus at www.dss.gov.au and read the Saver Plus fact sheet or alternatively call 1300 610 355 or email MacarthurSP@benevolent.org.au.

Service Merger

Myrtle Cottage and Disability Macarthur are joining forces to provide an even better service to the community.

Both standout organisations in their own right, they have already taken the

BE AMBITIOUS

BE EMPLOYED IN HOSPITALITY RSA & RCG LICENSING SHORT COURSE

Gain industry specific training and licensing for working in hospitality environments



COURSE SNAPSHOT

Training Dates:

- Saturday 4 May 2019
8.30 am to 3.30 pm
- Saturday 11 May 2019
9 am to 3.30 pm

Location:

Smart Work Hub
Level 2
Oran Park Podium Shopping Centre
351 Oran Park Drive
Oran Park NSW 2570

Cost:

Fees are calculated on an individual basis. * Fully Government Subsidised Student training programs are available for eligible students. Please contact Customer Service on 131 601.

Register:

Email Josephine@greenfields.net.au or call 9043 7511.



first steps towards collaboration, with the aim of bringing a better understanding of community services in the Macarthur region.

Myrtle Cottage is a community-based, not for profit organisation, enabling people who are ageing, have dementia or have a disability, to live richer and more independent lives.

Disability Macarthur is also a not for profit organisation which has been caring for children and families through a number of support programs for more than 30 years.

There will be little change to services for both organisations and they will keep the community and their clients

up-to-date as the union moves forward.

For information on these services go to www.myrtlecottage.org.au and



Plan your trip

Visit transportnsw.info
Call 131 500 NRS 133 677

For train, bus, ferry and light rail trip planning, maps, ticketing, transport updates and accessible travel information.

ORAN PARK FESTIVAL

only at Oran Park Anglican College 60 Central Avenue Oran Park NSW 2570

- ★ College Tours
- ★ Food & Market Stalls
- ★ Rides
- ★ Petting Zoo
- ★ Live Entertainment
- ★ And much more...

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