



ORAN PARK

What's happening at the Park!

Autumn 2024

Events
Page 2

Oran Park News
Page 3-6

A Healthy OP
Page 7

Other News
Page 8-10

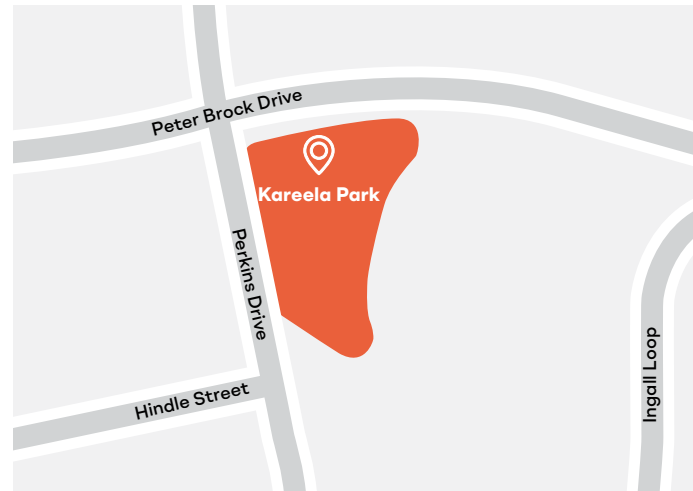


Get Set to Explore

*The Launch of Stage 2 of
The Podium is almost here!*

Community BBQ

Our first Community BBQ event of the year will be held on 23 March from 11am to 1pm in our newest park - Kareela Park, Perkins Drive, Oran Park.



There will be a BBQ lunch along with free entertainment for all the family. Activities include a Jumping Castle, Sports Skill Tester, Yard Games, Scalextric Racing and Hamster Ball.

Raptor Reptiles will be bringing along some animals, providing a unique photo opportunity for those game enough to get up close.

Community BBQ events are a great way to get to know your Oran Park Community. Come along and meet your neighbours!

Make your way down for an 11am start. All food and activities are free.

For enquiries, please contact Karren on 9043 7500. We hope to see you there.



Fire and Rescue NSW Open Day 2024

You're invited to join us at Oran Park Fire Station for Fire and Rescue NSW's Open Day on 11 May. Everyone is welcome!

We'd love you to come and meet our crews and find out more about our trusted experts in fire, rescue and hazardous materials (hazmat) incidents.

See our specialised equipment in action and learn about how a working smoke alarm can help save lives this winter.



Details:
Oran Park Fire Station - 1 Southwell Drive, Oran Park

11 May, 10am - 2pm

Development Updates

Open Space
New Baseball Facility (near Barramurra Public School)
Following a tender process we have now appointed a civil contractor to construct the car park and services. A builder has also been appointed to construct the amenities building. The civil works are underway and the builder will start the first week of March.

We are currently out to tender for the landscape component, being the baseball field and landscaping. Landscaping works will commence mid year.

Stage 1 of the facility includes a full-size competition baseball field, amenities building and car park. Completion is expected end of 2024.

Other Developments
Atura Hotel
We will soon be going to tender for the construction of the 184 room Hotel. We expect to start construction mid to late 2024.

Metro Central apartments
Construction continues with internal fit-out being well underway on the 66 apartment residential building.

Completion is expected in April with residents moving in soon after.

Residential 3
We will be going out to tender shortly for construction of the two buildings which will deliver 177 apartments. Construction is expected to commence late 2024.



LPC House
It's been a hive of activity at LPC House as businesses continue their fit-outs.

Little Duck Café has opened since our last update and Good Feeling Thai is set to open soon. Both the café and Thai restaurant are located on the ground floor of LPC House.

Oran Park Hotel (opposite Dawson Damer Park)

Work is continuing in preparation for the opening of the Ground Floor mid this year. In Stage 1 you will find the main Bistro and Lounge, function spaces, kids playground, the sunny Central Courtyard, a weather-proof Outdoor Terrace, Papi's Pizza restaurant, Bottle Shop, Sports Bar and even a car park with a dog wash for your furry friends.

Later in the year, Stage 2 is planned to open, including the Upper Levels featuring expansive Function Space, Boutique Cinemas and the much-anticipated Jinja Rooftop Bar.

Momento Hospitality, the operators of the Hotel, are on the lookout for passionate and customer-focused people to join their team. For more information about the Oran Park Hotel or for job opportunities oranparkhotel.com.au

Employment Zone
We are pleased to announce that all engineering and landscaping works on the second stage of the Employment Zone have been completed and the subdivision was successfully registered in January 2024.



Registration
Updates on all land registration dates can be found on our website oranpark.com.au

Get Set to Explore: The Podium Oran Park's Stage 2 Launch

Since opening its doors in 2014, The Podium Oran Park has been an integral part of the local community, evolving into a vibrant retail hub serving the growing needs of residents in the South-West Sydney corridor. With its Stage 2 expansion launch on 6 March, excitement has been building in the lead up to the unveiling of a new chapter in the journey.

The expanded Podium at Oran Park is more than just a shopping precinct. It is a daily hub for locals and a regional attraction, offering enhanced community amenities and a diverse array of shopping and service experiences. With an expanded retail space, new market hall and ample parking, the Stage 2 expansion aims to elevate the Podium's status as a premier destination in the region.

The new market hall appropriately named "The Graze" includes a broad food and beverage offer, complemented by an indoor-outdoor dining experience integrated seamlessly with a sprawling 1,200sqm park. The park includes an enclosed children's playground with a variety of playing equipment, water play, seating and a stunning sandstone platypus sculpture. Stay tuned for details of a competition to name the platypus. Follow Oran Park Podium on Facebook for details.

Inspired by the world's most successful shopping strips, Podium Way offers a traditional main street shopping experience, complete with curated retailers and landscaped gardens.

Stage 2 of The Podium will include the addition of more than 60 new stores including Best & Less, Cotton on Mega, Adairs, Eb Games, Oliver Brown, Boost and many more!

From 6 March, The Podium hosts an unforgettable launch experience filled with excitement, entertainment and exclusive offers. Close to 50 new shops will be open at this time with the remainder opening over the next few weeks.

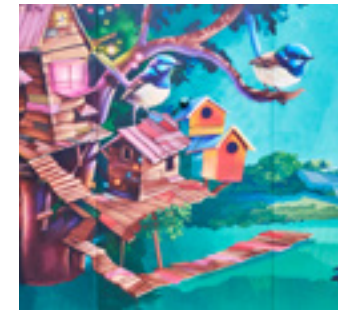
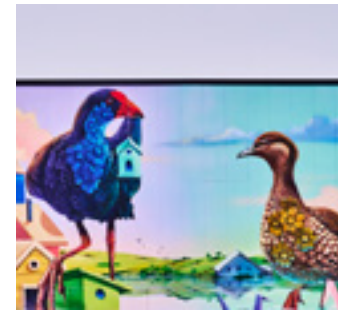
Enjoy exclusive discounts and special offers from select stores during the launch celebrations.

Experience individual store launch events with product demonstrations, tastings, and special promotions.

Enjoy family-oriented activities including face painting, balloon artists, and interactive games.

As the Podium Oran Park continues to grow, we invite you to be part of this exciting journey. Join us for the Stage 2 launch and experience the next phase of our evolution.

Start your engines and get set to explore Stage 2 of The Podium!



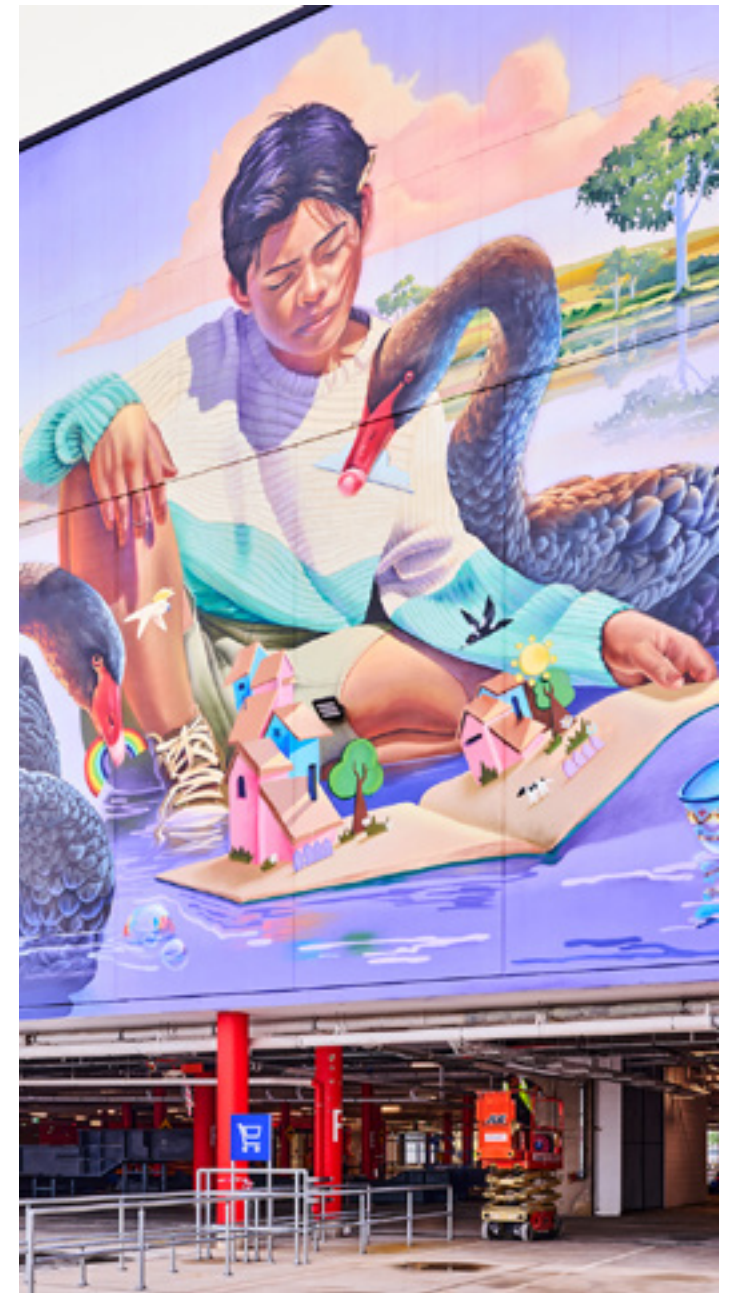
Podium Art Projects

You may have noticed some amazing mural art on the eastern and western walls of the Podium.

These artworks are the creations of artists Scott Nagy and Krimson. The artworks depict the connection between young people and local bird species and actually feature some students from Oran Park High School (right).

Another two stunning art pieces are located in the park adjacent to the food hall. The first piece (below right) is a landscape scene by local artist Nola Tegel which has been designed into the perforated screen at the back of the park. The image is of the Camden rural landscape and showcases the agricultural heritage. The second art piece is a playful platypus sandstone sculpture by Justin Sayarath (below).

These fabulous artworks were delivered for Greenfields under the direction of Marla Guppy our Public Art Coordinator.



adairs
Best&Less
coles
COTTON:ON

get set to explore.

- 60+ new stores
- 25+ dining options
- New playground

A new shopping destination. Don't miss the starting line, opening 6 March.

oranparkpodium.com.au

Community Pantry now in Oran Park

It doesn't take much for your weekly grocery shop to add up and that can put all sorts of pressure on other areas of your weekly budget.

To help save on the cost of your groceries and set more money aside for your other expenses, Anglicare in partnership with NewLife Anglican Church have set up a Community Pantry.

The Community Pantry operates every second Wednesday, with the next date being 13 March 2024.

Where: NewLife Anglican Church, cnr Central Avenue and Marcus Loane Way, Oran Park

When: Every second Wednesday 1.45pm to 2.45pm



For a contribution of \$12, you can fill a bag with groceries of your choice.

anglicare.org.au/community/food-assistance/community-pantry

Pantry food dates

JAN	-
FEB	14 • 28
MAR	13 • 27
APR	10 • 24
MAY	8 • 22
JUN	5 • 19
JUL	3 • 17 • 31
AUG	14 • 28
SEP	11 • 25
OCT	9 • 23
NOV	6 • 20
DEC	4 • 18

Honouring the class of 2023

Provided by Oran Park Anglican College



As a college community, we are celebrating the Class of 2023 for their exceptional resilience, optimism, and dedication. Exemplified by Kimberly Thorson, our College Dux with an ATAR of 97.25, and her peers, Lachlan Haack and Dylan Bootsma, who also achieved outstanding ATARs above 90. Their inspiring leadership, creativity, and community spirit have set a high standard.

Six students earned a place on the Distinguished Achievers List, excelling in subjects from Mathematics to Business Studies and more. We also want to acknowledge the personal

victories of all our students, nearly 70% of whom ranked in the top 30% of the state. Their achievements across a spectrum of subjects speak volumes of their hard work.

Our gratitude extends to the staff and families whose support has been crucial in shaping these individuals. As we bid farewell, we admire their accomplishments and anticipate their bright futures. Congratulations to all our graduates.

Join us on 2 March for our 2024 Open Day to discover the OPAC difference that enables our students to thrive. Book now at opac.nsw.edu.au

New Urgent Care Service

The Camden community now has greater access to advice and treatment for their urgent healthcare needs without having to wait at a busy hospital emergency department.

A NSW Government-funded Urgent Care Service (UCS) recently opened at Gregory Hills, providing one-off care for urgent healthcare needs which are not life-threatening.

Gregory Hills UCS is a collaboration between NSW Health and South Western Sydney Primary Health Network (SWSPHN). It is one of three Urgent Care Services in South Western Sydney, with others located at Liverpool and Bankstown.

The service complements the role of GPs by providing short-term care while also relieving pressure on emergency departments.

Urgent Care Services can treat minor illnesses like gastrointestinal illness or urinary tract infections; minor injuries like closed fractures or simple cuts; and procedures like stitches, drainage of abscesses and basic fracture management.

The new service is open seven days a week (including public holidays) from 8am to 8pm and treatment is free for all Medicare eligible card holders.

To access the service, call Healthdirect anytime on 1800 022 222. Callers speak with a registered nurse who asks a series of questions about their condition and then guides them to the care they need (for interpreter services, call TIS on 131 450 and ask for Healthdirect).

For more information about Urgent Care Services, visit health.nsw.gov.au



Star4kids

South Western Sydney PHN (SWSPHN) welcomes Community Links Wellbeing as the new commissioned service provider for the STAR4kids program in the Camden, Wollondilly and Wingecarribee Local Government Areas.

STAR4kids provides free psychological therapies to children aged 3-12 years with, or at risk of, developing a mild to moderate mental illness, including depression, anxiety or stress disorders.

The STAR4kids program consists of up to 12 hours of free psychological support with a mental health professional (psychologist, mental health nurse or accredited social worker) who has experience working with children.

For more information please contact the intake team on 0455 104 104 or email mhintake@communitylinks.org.au

Have your say on Primary Healthcare

Community members, health professionals and service providers are invited to join South Western Sydney Primary Health Network (SWSPHN) at the next Local Health Forums to share their experiences and discuss how the health of our region can be improved.

The topic for the upcoming forums is 'supporting primary healthcare'. Primary healthcare is care given to you in the community and it includes GPs, nurses, allied health, pharmacy and support services. It doesn't include care at a hospital.

These free forums are essential to better understand how SWSPHN can enhance the primary healthcare workforce to ensure quality healthcare is delivered in our community.

SWSPHN want to understand the primary care workforce's challenges in recruitment and retention, learn about consumers' experiences and identify opportunities and priorities in the primary healthcare workforce.

The next round of Local Health Forums will be held in March and April 2024, with one being held at Rydges in Campbelltown on 3 April from 6.30pm to 9.00pm.

To register or for more information tinyurl.com/LocalHealthForum

A two-course buffet dinner will be provided on the night.

Urgent care is now available in your local area

Urgent care is a service for health issues that are not life-threatening but need medical help fast. Avoid waiting in an emergency department.

Call healthdirect on 1800 022 222

A nurse will answer your call, ask some questions and connect you with the right care in the right place.

For language support, first call TIS on 131 450 and ask for healthdirect.

Visit health.nsw.gov.au/ucs

New Domestic Violence App by NSW Police

Victims of domestic and family violence in NSW now have access to a new app designed to discreetly document abuse and provide better access to support services. The app also has the capacity to record details.



apps.apple.com/au/app/empower-you/id6447159881

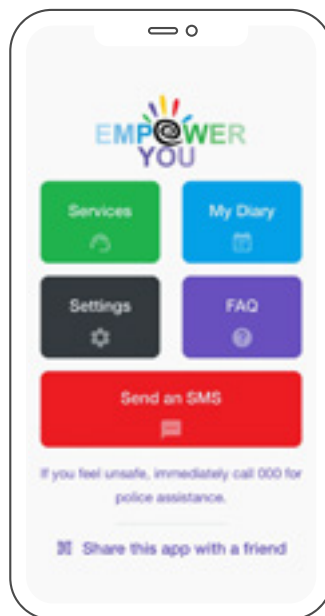


play.google.com/store/apps/details?id=au.gov.nsw.police.empower&hl=en&gl=US

Victims of domestic and family violence can also seek advice and services by contacting 1800RESPECT (1800 737 732) or visiting 1800respect.org.au

Reports of domestic and family-related crime or abuse can be made by contacting or attending your local police station. In an emergency or life-threatening situation, contact Triple Zero (000).

Anyone with information relating to domestic and family-related violence is urged to contact Crime Stoppers: 1800 333 000 or nsw.crimestoppers.com.au



Information is treated in strict confidence. The public is reminded not to report information via NSW Police social media pages.



Support navigating the aged care system



For older Australians, understanding and accessing aged care services through My Aged Care and other community supports can be daunting.

In South West Sydney, care finders offers face-to-face support to older people needing help which is not available through the My Aged Care call service or website.

There are care finder services available across South Western Sydney and cover a range of cultural needs.

The care finder tasks can include:

- Assist eligible older people with their My Aged Care applications, provide guidance on services to apply for and attend the My Aged Care assessment where appropriate

- Work through income/means testing and costs (with support from Services Australia as required)
- Help people connect with health services, mental health services, housing services, drug and alcohol services, community groups and transport as needed
- Complete high-level check-in on a periodic basis and follow up support once services have commenced
- Build a rapport with clients and providers

For more information on care finder:

- Talk to your doctor
- Call the Triple I Hub referral service on 1800 455 511
- Or visit swsphn.com.au

It Starts With Us: caring for others around drugs and alcohol

Youth Solutions campaign highlights self-care and peer support

Youth Solutions has launched its 2024 'It Starts With Us' campaign – a reminder of the importance of prioritising health and wellbeing and practicing self-care while supporting those who may be experiencing alcohol, drug or mental health issues.

The campaign, delivered in partnership with Campbelltown Catholic Club, aims to destigmatise and encourage help-seeking for drug, alcohol and wellbeing issues; equipping young people with practical tools to take care of themselves and support their peers.

The campaign includes outreach activities, distribution of goodies, a "guide to supporting others" and a robust digital campaign.

Youth Solutions CEO Geraldine Dean said 'It Starts With Us' underscored the drug and alcohol prevention charity's vision of "a community of young people with the capacity to live healthy, safe and well-connected lives."

"To ensure our young people can have healthy, safe and well-connected lives, we have to give them strategies and skills to look after themselves and each other." Mrs Dean said.

For more information youthsolutions.com.au/young-people/supporting-others



Tech Savvy Seniors

Tech Savvy Seniors provides training at beginner, intermediate and advanced levels – on the use of computers, tablets, smartphones and online applications such as email, social media or cyber safety.

Sessions are hands-on and help to gain confidence with all your online activities. From staying in touch with loved ones, accessing important services online to enjoying what technology can offer.

Sessions are held at both Oran Park Library and Narellan Library and courses include Introduction to Computers, Introduction to Android Phones and Introduction to the Internet.

All sessions run from 10am to 12.30pm. Bookings are required and library staff can assist in person or over the phone.

To book or to find out more library.camden.nsw.gov.au/events/tech-savvy-seniors or call 4653 3101

**FREE
ENTRY**

LEARN HOW TO LIVE MORE SUSTAINABLY

LIVE IT UP LIVE IT GREEN

SATURDAY 9 MARCH 2024 • 10AM-2PM

JULIA RESERVE COMMUNITY CENTRE

Peter Brock Drive, Oran Park

**FREE
ACTIVITIES**



Join us for a day of fun-filled activities!

- Snake and reptile show
- Free bike check and tune up
- Fire and Rescue NSW
- Alan Baker Art Gallery workshops
- Sydney Water 'Wonders of Water' Discovery van
- Sustainable living and waste information
- Waste truck experience
- Second hand book giveaway
- Free face painting
- Short environmental documentary screening
- Organic gardening and vertical gardening workshops
- Insect display

